

Gamma Exposure — \$SPX

Updated July 21, 2026, 10:30 AM ET

DEALER POSITIONING · FLIP, WALLS & REGIME

▼ NEGATIVE GAMMA

Negative gamma — spot below the 7500 flip

Momentum over mean-reversion; dealer hedging amplifies moves.

Net GEX -24B → -2B

Spot +51 pts

spot 7494.64 · band ±10% · 2026-07-21 14:30Z

Net GEX (all strikes)

-2.38 B\$

per 1% move

Gamma flip (zero-γ)

7500

spot below → negative

Call wall (max +GEX)

7600

upside magnet

Put wall (max -GEX)

7400

downside rail

Short-dated γ

0-1DTE 31%

≤7d 67% · front-loaded

Liquidity / fragility

DEEP

VIX term structure gauge

VIX / VIX3M

17.38 / 19.69

term 0.883

GEX BY STRIKE — M\$/1% (BAND ±10%)

**Worth noting.** Net GEX moved +21B to -2.4B — the negative-gamma pocket is shallowing.

INTO THE CLOSE

MOC imbalance: NYSE prints ~3:50 ET · Nasdaq 3:55-4:00 ET

- Negative gamma: dealers chase. A same-direction MOC imbalance can ACCELERATE into the bell — buy-
imbal = chase up, sell-imbal = air-pocket.
- 0DTE-heavy tape: charm pin/rip is stronger — the last 30 min can decide the day.
- Size matters: an aggregate MOC over ~\$1–2B is a real tide; it can flip 2:50→3:00.

VOL-CONTROL FLOW (ESTIMATE)

Realized vol (20d/60d blend): 11.2% · last session -0.19% · AUM \$215B | target 10% | max 2.0x |
cadence d/w/m 35/30/35%

1D % CHG	EST FLOW \$BN
-3.0%	-43.06
-2.0%	-22.94
-1.0%	-5.90
+0.0%	+1.02
+1.0%	-5.90
+2.0%	-22.31
+3.0%	-41.40

FROM A -2% DAY	CUMULATIVE \$BN
day 1	-9.79
day 5	-16.82
day 10	-18.73
day 21	-22.94

Estimate — trust the shape and day-over-day change, not the absolute level.